



REMAIN VITAL IN YOUR RETIREMENT WITH CHIROPRACTIC CARE.



REGULAR CHIROPRACTIC CARE PREVENTS FUTURE PROBLEMS.



OFTEN, DR. MURPHY RECOMMENDS HELPFUL LIFESTYLE CHANGES.

INSIDE:

LOOK INSIDE FOR DETAILS ON RECEIVING
OUR **FREE** "BACKACHE PREVENTION GUIDE."

"Your Better Health is Our Only Concern"



Suburban
Chiropractic
Center

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WHAT'S A
SAFE,
NATURAL,
DRUG-FREE
WAY TO
GOOD
HEALTH?

Do you:

- WANT MORE ENERGY?
- WANT TO BE HEALTHIER?
- WANT TO BE FREE OF PAIN?
- WANT TO REMAIN VITAL IN YOUR RETIREMENT?
- WANT TO BOLSTER YOUR IMMUNE SYSTEM?

WELCOME!



Because you are a very important member of the community, we would like to welcome you to our practice by offering you an in-depth consultation with Dr. Murphy or Dr. Kretz.

After the consultation they will perform a thorough examination. The doctors will then comprehensively explain their findings and recommend a treatment program tailored just for you.

Drs. Murphy and Kretz's recommendations will often include life style factors that affect your overall health, such as your diet, level of exercise, rest and recreational habits.



Regular chiropractic checkups are as vital as regular dental visits. You should have them even if you "feel" well since they help prevent future problems and help you stay in good health.



CHIROPRACTIC CARE HELPS BOOST YOUR SPORTS PERFORMANCE.



DR. KRETZ AND DR. MURPHY AT SUBURBAN CHIROPRACTIC'S OFFICE.

HEALTH CARE LEADERS



Dr. Murphy is a Palmer graduate and former President of both the New Jersey and Morris County Chiropractic Societies. He founded Suburban Chiropractic to offer the most up-to-date holistic techniques and state-of-the-art equipment in a relaxed, comfortable environment. His partner Dr. Kretz is a sports injury specialist as well as a Certified Craniosacral Practitioner.

For more than two decades, Drs. Murphy and Kretz have helped heal and invigorate many individuals, who, like yourself, are searching for a better way to feel their best.



Holistic Chiropractic care has proven to be a safe, natural, drug-free way to good health for millions of people around the world.

WE WANT YOU TO FEEL WELL!



Drs. Murphy and Kretz's recommendations for your care are the same as those they would make for members of their own family under similar circumstances. At Suburban, your better health is our *only* concern.



The Suburban Chiropractic Center offers a full range of holistic health services, including massage and Reiki therapy, physiotherapy, rehabilitation, and nutritional guidance. Dr. Murphy cordially invites you to call our office for an appointment for a free consultation with no obligation.

If you would rather just receive our free "Prevent-a-Backache" guide, call our office at 973-635-0036 and request a copy, or visit our website at www.drmmurphy.com. Here, you can also view more in depth information about our facility and staff.



CHIROPRACTIC CARE IMPROVES YOUR RECREATIONAL ENJOYMENT.